

## How will filing for Bankruptcy affect my Social Security Disability Claim?



Many people dealing with bankruptcy rely on their Social Security Disability (SSDI) and Supplemental Security Income (SSI) payments to live off of since they cannot work. It's a common fear that those payments will be jeopardized if one were to file bankruptcy. Fortunately, in most cases your SSDI and SSI payments are protected in Chapter 7 bankruptcy. This means that the bankruptcy trustee cannot touch them. In fact, SSI payments and SSI lump sum payments are always exempt, because SSI is a federal program designed

to provide financial assistance for basic needs.

However, there are exceptions when it comes to SSDI. There are a few things that will determine if you can keep your SSDI payments: [continue reading](#).

## Rest In Peace Dr. Wayne W. Dyer

### Author



On August 29th, Dr. Wayne W. Dyer passed away from leukemia. Dr. Dyer was a motivational speaker and author of over 40 books. His first book "Your Erroneous Zones", written in 1976, is believed to be one of the best-selling books of all time with an estimated 35 million copies sold around the world. After studying education counseling and clinical psychology, Dr. Dyer started to turn towards spiritual aspects. He once said: "My purpose is to help people look at themselves and begin to shift their concepts. Remember, we are not our country, our race, or religion. We are eternal spirits. Seeing ourselves as spiritual beings

without label is a way to transform the world and reach a sacred place for all of humanity." His fans described him as the "father of motivation".

I was first introduced to the teachings of Dr. Dyer through my brother, Poya, who is pictured here with him. I admired Dr. Dyer for his teachings that celebrated the human spirit and promoted internal and external peace.

Dr. Dyer was also the author of childrens' books that inspired children to express themselves, be comfortable with who they are, and not be afraid to take on challenges. One of my son's favorite bedtime stories is Dr. Dyer's "Unstoppable Me." (Thank you Dan and Tammy Reynolds for sending us this book from Oregon).

Thank you Dr. Dyer for your contribution to humanity and the inspiration you have been to so many. May you rest in peace!

## *Health Tip of the Month:* **Don't Brush Your Teeth After Eating**



I recently learned this new health tip that seemed counterintuitive to me at first, but after reading about the science behind it, it makes perfect sense. It is not advisable to brush your teeth right after eating because acidic foods-citrus fruits, sports drinks, tomatoes, soda (both diet and regular)-can soften tooth enamel "like wet sandstone," says Howard R. Gamble, president of the Academy of General Dentistry. Brushing your teeth right after eating can speed up acid's effect on your enamel and erode the layer underneath. It is suggested to wait 30 to 60 minutes after your last meal before brushing your teeth.

## *Calendar of Events:* **August 2015**

August 4: In court; Gainesville, GA  
August 6: In court; Rome, GA  
August 12: In court; Atlanta, GA  
August 17: Atlanta Bar Women in the Profession Board Meeting  
August 24: In court; Atlanta, GA  
August 25: In court; Atlanta, GA  
August 26: In court; Covington, GA  
                    Georgia Association of Women Lawyers Mentor Circle Meeting  
August 27: In court; Atlanta, GA



## **Contact Us!**

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