



The Khaki Law Firm
February 2018 Newsletter

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Your Ex-Spouses' Social Security Disability Benefits: Are You Entitled?

Are you in the process of retiring and thinking of contacting the Social Security Administration (SSA) to access your retirement benefits? Are you divorced and your ex-spouse is on disability or entitled to Social Security retirement? If you answered yes to any of these questions, then you can contact the SSA regarding your benefits as well as your ex-spouse's benefits.

Here are some important facts and requirements you need to know:



- You may be entitled to . . . Click [HERE](#) to learn more.

Happy Valentines Day and Health Tip of the Month: Protect Your Heart!

In honor of Valentines Day this month we wanted thought it would be pertinent to make our health tip of the month all about cardiovascular health. Approximately 1 person dies of cardiovascular disease every 38 in America! What is shocking is that most cardiovascular diseases are preventable. We want to take this opportunity to give some heart healthy tips! By making a few simple healthy choices, you can reduce your risk by up to 80%.

- 1.) Exercise every day - even if it's just a walk around the neighborhood.
- 2.) Consider meat as a side item and not the main portion.
You still can have steak, just have a smaller portion.
- 3.) Make sure you get enough sleep - 6-8 hours.
- 4.) Avoid smoking.
- 5.) Pick one unhealthy habit and replace it with a healthy one. It takes at least 66 days to develop a new habit.



Sara Khaki Featured in Super Lawyers Magazine:



Our founder, Sara Khaki, was featured in an article by Super Lawyers Magazine. It shares her journey from Iran to America and why she holds a special place in her heart for our Social Security Disability clients. Get a little taste of the article below.

"I think of myself as an expert of transition," Sara Khaki says.
"My life has constantly been about having to reidentify myself."

Khaki was born in Tehran in 1983. Some of her earliest memories involve descending stairs into a bomb shelter during the Iran-Iraq War. "It became part of life," she says. "I was a kid, so I started to think it was fun. Our parents are together, we're eating yummy snacks and all the kids get to play."

When she was 3, her parents, concerned about the war as well as the religious restrictions taking hold in the Islamic Republic, decided to leave. Her father . . . Click [HERE](#) to read more.

Another 5 Star Review From Another Happy Client:



"The Khaki Law Firm took care of my needs and regularly kept me updated on my case. I really did not worry because they have such a great reputation, and I was not disappointed. I got a quicker resolution on my second request with this firm than I did hearing back on my first request acting on my own behalf. Oh, and whenever I called them, I always talk to a person, and that means a lot to me. I highly recommend the Khaki Law Firm."

~Becky

Legal Elite Award Received For 3rd Year In A Row

Congratulations to Attorney Sara Khaki for being awarded Legal Elite again this year! We're so proud of Sara and all that she has accomplished. A special thanks to our team for all your support!



Calendar of Events: February 2018

- February 2: In court; Atlanta, GA
- February 5: In court; Atlanta, GA
- February 6: In court; Atlanta, GA
- February 7: In court; Atlanta, GA
- February 8: In court; Columbus, GA
- February 12: In court; Columbus, GA
- February 13: In court; Atlanta, GA
In court; Covington, GA
- February 14: Happy Valentines Day!
In court; Atlanta, GA
In court; Valdosta, GA
- February 15: In court; Atlanta, GA
- February 22: In court; Albany, GA
In court; Gainesville, GA
- February 26: In court; Atlanta, GA
- February 27 : In court; Columbus, GA
- February 28: In court; Chattanooga, GA



Contact Us!

The Khaki Law Firm
Main Office: 3562 Old Milton Parkway
Alpharetta, GA 30005

By Appointment Only: Buckhead & Marietta

(678) 228-8688
TheKhakiLawFirm.com



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The Khaki Law Firm Team



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