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Stimulus Check for SSI And SSDI Recipients

And the Ins And Outs of the Coronavirus Aid, Relief and Economic Security Act



Many individuals across the country qualified for an economic impact payment, commonly referred to as a stimulus check, under the Coronavirus Aid, Relief and Economic Security (CARES) Act. The CARES Act was signed into law in March 2020 and qualified many Americans for stimulus checks, including those currently receiving benefits from the Social Security Administration (SSA). While many economic impact payments have already been issued, many individuals are still wondering whether and how they will receive benefits under the CARES Act.

Overview of Economic Impact Payments

Stimulus checks from the CARES Act are issued from the Internal Revenue Service (IRS) to qualifying individuals. Those who qualify can expect to receive stimulus checks by direct deposit to the bank account listed on their 2018 or 2019 tax returns. Individuals may receive up to \$1,200 and an additional \$500 for each dependent child that qualifies under IRS guidelines. After issuing an economic impact payment, the federal government should send a confirmation letter within 15 days.

Stimulus Checks for SSI and SSDI Recipients

Those who filed their 2018 or 2019 taxes should receive a stimulus check either by direct deposit or mailed check. Those who have not yet received a payment may be able to update their bank information on the IRS website to expedite their return. Recipients of Social Security Disability Insurance (SSDI), retirement benefits, or survivor benefits should have received economic impact payments by the end of April in the same way they receive SSA benefits.

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COVID Court Update!

And What You Need to Know About the "New Normal"

Due to the current Pandemic, Social Security Disability Hearings are still being held by telephone. The hearing office staff will contact you or your representative in advance of your scheduled hearing to confirm your availability for a telephone hearing and ensure they have your accurate contact information.

Telephone hearings are a temporary measure necessary to protect our health and ensure the continuity of our operations.

Telephone hearings are **not** mandatory- you may opt to postpone your hearing until standard operations have resumed and can be held in person or by video.

***Important Note*:** If you already have a scheduled appointment, the Social Security Administration will attempt to contact you by phone and/or reschedule for a telephone appointment. Their call may come from a **PRIVATE** number and not from a U.S. Government phone. We know that some scammers are trying to take advantage of this situation. Please remember that SSA employees will never threaten you or ask for any form of immediate payment.

Celebration of Juneteenth

A Day to Reflect, Celebrate & Educate

This month we celebrated Juneteenth. Celebrated annually, June 19, 1865 commemorates the official end of total slavery in the U.S. About 2,000 Federal troops landed in Galveston, Texas establishing the end of the Civil War which meant freedom for ALL slaves. Although the Emancipation Proclamation was inaugurated 2.5 years prior, it did not apply to states out of Confederate control.

Sometimes known as "Freedom" or "Emancipation" Day, Juneteenth memorializes African American freedom and emphasizes education. It is important to take the time to continually reflect and educate ourselves on this monumental event in history to further enhance the lives of ourselves and others.



Post-Traumatic Stress Disorder Awareness Month

And Learning Ways to Cope With PTSD Through COVID-19

June is Post-Traumatic Stress Disorder (PTSD) Awareness Month. PTSD is psychiatric disorder that can occur in people who have experienced or witnessed a traumatic event. The current Pandemic can trigger or exacerbate those with PTSD, and even affect those who do not have it. This is why it is important to know coping mechanisms such as the following:



- Staying aware of safety measures: wear masks when going out, proper handwashing procedure, covering your mouth/nose when coughing or sneezing and creating a plan if you or someone in your home becomes ill.
- Stay connected: communicate with loved ones regularly to reduce the feeling of isolation (phone calls, texts, emails or video calls).
- Using techniques to stay calm: this is unique to everyone. It can include taking deep breaths when stressed, doing yoga, meditating, or even talking to a therapist.
- Focusing on what you can control: knowing you can't regularly leave your home, try to have an exercise routine that works for you to stay healthy.
- Lastly, use these coping mechanisms to remain hopeful and stay positive.

Happy Father's Day!

We hope all the dads out there had

We hope all the dads out there had a great COVID-style Father's day!



Client Testimonial:

Thank You Nancy T. For The 5 Star Review!

Thank you for the wonderful testimonial Nancy! At The Khaki Law Firm, we provide our clients the legal guidance they need to live the life they deserve. Our mission is to zealously advocate for the disabled and injured members of our society while adopting a holistic approach to an unpredictable disability process that incorporates empathy with excellent communication skills and quality care derived from our guiding values and our drive to always be ahead of the Social Security Administration. If you need help with your social security disability case, call us at (678) 228-8688.



Calendar of Events:

June 2020

- June 2: In court; Virtual
- June 8: In court; Virtual
- June 11: In court; Virtual
- June 14: Army's Birthday
- June 18: In court; Virtual
- June 19: Juneteenth
- June 21: Father's Day
- June 23: In court; Virtual



*Due to the Coronavirus Pandemic, all in-person Social Security Disability Hearings have been rescheduled to a telephone hearing. Contact us if you have any questions.

Contact Us!

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